



**TOWNSHIP OF**

**EAST HANOVER**

*Department Of Health & Human Services*

**411 RIDGEDALE AVENUE  
EAST HANOVER, NJ 07936  
[health.dept@easthanovertownship.com](mailto:health.dept@easthanovertownship.com)**

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For Immediate Release:

**EAST HANOVER HEALTH DEPARTMENT OFFERS  
SMAC BLOOD TESTING PROGRAM TO  
EAST HANOVER AND ROSELAND RESIDENTS**

The East Hanover Health Department will conduct a SMAC Blood Testing Program for EAST HANOVER and ROSELAND RESIDENTS 18 years or older on Saturday, September 18th, from 8:00 am to 10:00 am at the Thomas Rinaldi Center, 5<sup>th</sup> Street, East Hanover, NJ.

SMAC is a comprehensive blood test that analyzes more than 20 components including total cholesterol, LDL, triglycerides, glucose, and a CBC (Complete Blood Count.)

The Health Department's nursing staff will provide blood pressure screening and health education brochures will also be available.

To participate in the clinic, you must call (973) 888-6035 Monday through Friday, 8:30 am - 4:30 pm for an appointment. There is a fee of \$22 for the comprehensive SMAC test for all participants, and appointments are available on a first – come, first - serve basis.

Fasting is required for the SMAC Blood Test; that is, no food or drink, except for water for 12 hours prior to the test. If you are taking medication you may continue to do so.

In addition to the SMAC test, the PSA (Prostatic Specific Antigen) blood test will also be available for men aged 50 and older, or for those 40 and older that have added risk factors. Those at risk include African American men as well as men with a family history of cancer. The cost of the PSA test alone is \$25; in combination with the SMAC panel, it is \$40.





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Checks should be made payable to CENTERS LABORATORY. It should be noted that such tests are not considered to be diagnostic on their own merit, but require a consultation with your private physician to discuss results.

SMAC – CBC, Chem Panel, Lipid.....	\$22.00
PSA.....	\$25.00
<u>SMAC &amp; PSA COMBINED</u>	<u>\$40.00</u>

For further information, contact the East Hanover Health Department at:  
**(973) 888-6035**

Contact: Christine DiBrienza, RN, BSN, MS, Public Health Nurse Supervisor or  
Carlo DiLizia, Health Officer

